Stabbed in the Heart: New book tells the stories of three murdered Central Pennsylvania children and two resilient mothers

Lynn and Nancy... Two courageous women share their heartbreaking stories of the murders of their only children, Jen and Dave, 10 and 8, stabbed to death by their father on Christmas Day 1994, and Randi, 28, stabbed to death by a hit man hired by her husband in 2003.

Their stories are heartfelt, powerful and, at times, difficult to read. Yet somehow, from the depths of their despair, they uncovered the focus, drive, and commitment to helping others that is their gift back to their children.

The message the two women share in their book, written with Patriot-News columnist Nancy Eshelman, is geared towards victims, survivors, media, clergy, family, friends and the community. Through the power of their stories, readers will understand the impact of crime, the stages of grief, the struggles they endured on their unique journeys, and the importance of families and friends. Be prepared to walk away feeling inspired.

100% of the profits will be donated to help crime victims and children.

Books are available at www.RJDblessings.com or locally at Midtown Scholar Bookstore at 1302 N. 3rd Street, Harrisburg